

Former White House advisor, military veteran, narcotics cop and community leader offers students unique perspective on life challenges.

At the young age of 12, Paul Chabot entered drug rehab. He learned from his mistakes and excelled in life, becoming an inspiration to those around him. He became a decorated police officer in California, served at the White House under two U.S. Presidents, worked in the U.S. Congress, Department of Justice and Department of State. Later he was commissioned as a Naval Intelligence Officer at the Pentagon, with Top Secret clearance and later deployed to Iraq with a special operations task force.

Dr. Paul Chabot has spent the better part of his life helping others better their lives. He was handpicked from California in 1999 to work directly for the Office of National Drug Control Policy. Once there Paul helped shape national policy and programs aimed at substance abuse prevention, education, treatment and enforcement. Today's those initiatives are taking hold across America and helping reduce our nation's dependence on substances that kill approximately 120,000 of us every single year.

Drug use at the high school and college level is significant, yet not many people truly know the potential harms of usage, least of all the people using the drugs. Many young people see a cheap, clean high with few short-term effects, while educators, health providers and the general public worry about the long-term effects.

Into this confusing lack of consensus comes Dr. Chabot. He is traveling the nation, speaking to students about the dangers of using substances. He is telling them about the effects on individuals, but he's also giving them an idea about the effects on the nation, our local communities, and their future.

Chabot brings an impressive array of experiences to the table. In high school he served as Senior Class President, Debate Team President and was selected by his fellow students as Prom King and as the school's "Most Spirited." He accomplished all this while leading a substance free life, and was respected by his fellow classmates.

In college he was a founder and president of his fraternity. He became a University Ambassador, New Student Orientation Leader, IFC Judicial Director, Resident Advisor, Student Conduct Officer, and was named as the Greek Man of the Year and Student Leader of the Year.

As a police officer in California assigned to patrol and promoted to the narcotics division, Paul saw the ugly side of drugs and alcohol by investigating drug overdoses, drug related homicides and rapes. "The crazy thing is that the patterns of the use and abuse weren't that different," Chabot said. "The users can be totally different in terms of race, privilege, access to opportunity, and locale. But the damaging end result of

abusive behavior is pretty much the same, regardless of who you are or how innocent you think these particular drugs are. Nobody thinks it will happen to them.”

Chabot opens students eyes with startling new information, portrayed through his highly popular programs. He discusses the pitfalls of group think and his Chabot rubber band theory. Having gone through rehab before, he knows how to truly reach out to youth and young adults, and make a difference.

“It’s amazing the false information that circulates among young people. Like every drug that’s ever come along in our culture, the initial word is that the drug won’t hurt you. It’s not addictive,” Chabot said. “It isn’t until much later that the truth catches up and students learn that there is a whole lot to worry about.”

He created a number of community coalitions and nationwide nonprofits aimed at bettering our communities, including the Coalition for a Drug Free California, the Inland Valley Drug Free Community Coalition, Drug Free RC and Stars and Stripes United.

In 2008, Chabot returned from a tour of duty in Iraq working with U.S. Special Forces as an intelligence officer. He is now a LT Commander with the U.S. Navy Reserves.

Today, he continues to volunteer his time to better communities across America.

Paul is married to his wife, Brenda. Together, they have three young children.

On (DATE) at (TIME and LOCATION), Dr. Chabot will present his program, (Name Program), to (STUDENTS/FACULTY) of (NAME OF SCHOOL/ORGANIZATION). For more information, call (CAMPUS CONTACT) at (PHONE).

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